

What are the benefits of ELSA?

Children learn better and are happier if their emotional needs are addressed.

They learn to;

- Develop coping strategies and talk about difficulties.
- Interact more successfully with others.
- Develop greater self-awareness
- Manage school better and feel better about themselves.

Pupils with an ELSA feel they have been **LISTENED** to and **SUPPORTED**.

What can I do to help at home?

- Find time to listen to your child.
- Do lots of fun things together.
- Encourage your child to see the positives in every situation.
- Encourage problem solving to find peaceful solutions.
- Help your child to see things from the views of others.

If you think your child would benefit from ELSA support, then speak to your child's teacher.

www.elsa-support.co.uk

Information

Emotional Literacy Support Assistant

North Bradley C of E Primary School.





Who are
ELSA's?

An ELSA is a specialist teaching assistant who has been trained to work with children who are showing a wide range of emotional or social difficulties for example anxiety, low self-esteem, problems with anger etc. They are regularly supported and supervised by Educational Psychologists and the school SENCo.

ELSA's have been chosen due to their ability to build good relationships with children. They are warm and caring, and want to help your child feel happy in school so that they can reach their educational potential.

Their aim is to remove the barriers to learning to have happy children in school and at home.



Will my child enjoy
the ELSA sessions?

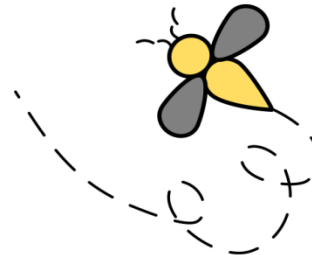
YES!!!

ELSA sessions are planned in advance and tailor made to suit the needs of the children based on agreed targets discussed with the teacher. The sessions are designed to be fun and interactive to engage and motivate the child. They are sometimes in small groups or 1:1 with the ELSA.

The ELSA may use a range of activities throughout the sessions which could include games, puppets, role play, making things, talking and listening, sharing books etc.

For example, puppets can be a great way of modelling social situations or getting children to talk about how they feel in different circumstances.

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What issues might
be covered in a
session?



- Relationships
- Recognising emotions
- Social Skills.
- Friendship issues.
- Self-esteem
- Understanding anger.
- Loss and bereavement
- Anxiety
- Coping strategies
- Building resilience
- Bullying issues.

Your child's progress will be monitored closely during the ELSA programme, and impact will be measured through questionnaires completed by pupils, staff and sometimes parents. If the school or parent feels that the child needs further support, the school will review the provision.

